

PARQUE NACIONAL PICOS DE EUROPA

EL CARES CAMPING

...a little closer to heaven



AN IDEAL SPACE FOR ACTIVITIES

VALDEÓN VALLEY
LEÓN



Eight villages are dotted among the hundreds of mountains that surround them. Despite the harshness associated with this environment, for centuries, the life of these small settlements developed.

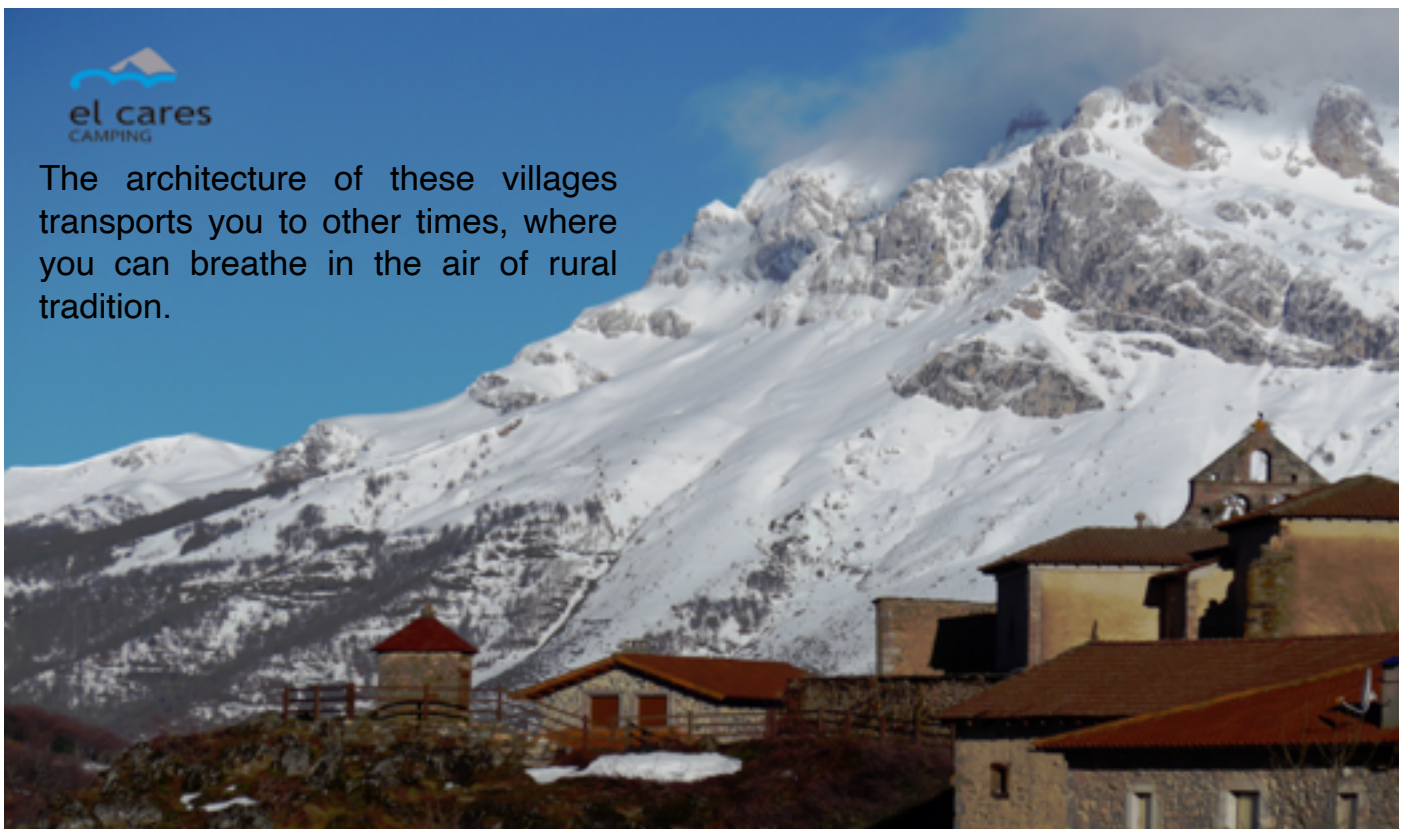


The little houses, made of stone and wood, with beautiful corridors, remind us of an enduring architectural style. Together with the granaries, the mills and bridges, they give these villages a fairytale atmosphere.

EIGHT VILLAGES AND HUNDREDS OF MOUNTAINS



The architecture of these villages transports you to other times, where you can breathe in the air of rural tradition.





**Our tourism is nature tourism
and is characterized by its lack
of overcrowding.**



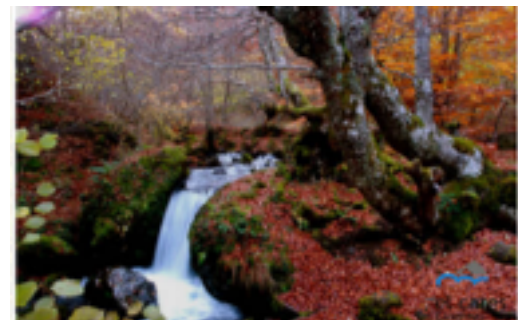
The Valdeón Valley is located in the Picos de Europa National Park, in the province of León.

It is a high mountain valley, surrounded by the high peaks of the Urrieles (Central) and Cornión (Western). The beech forests embrace these eight villages, and the waters of the Cares river irrigate their meadows. The enclave is in the heart of the Picos de Europa, so it is not only attractive for the views it affords, but it is also a strategic point for hiking and mountaineering routes.

THE CAMPSITE FACILITIES. RURAL HIGH MOUNTAIN STYLE



Pictures of the campsite showing its enclave and surrounding nature



There are landscapes that are captivating. One of them is the Picos de Europa. No matter how much you have been told about its beauty, nothing compares to breathing in the oxygen of nature, which in its purest state enlivens our senses.

In the summer of 1984, a young man born in Santa Marina de Valdeón, inspired by the attraction of a setting that contemplates the peaks of Urriellu, Cornión and Frierio and a stone's throw from the Cares gorge, managed to bring a dream to life with his efforts:





To create a space where people could feel nature in all its splendour and serve as the setting for a relationship of adventure, knowledge and respect, where man could give free rein to his emotions without urban ties.

We take care of this place called Camping el Cares, which since that date has not ceased to put itself at the service of nature, without altering it, to offer it to all those who want to come here. But be careful, this space traps you!



**HIGH MOUNTAIN
RESTAURANT
FLAVOUR AND TRADITION**





MENU & CARTE

VEGAN, VEGETARIAN AND TRADITIONAL FOOD OPTIONS



who are we?

A group of young people with the illusion of making this restaurant a welcoming place where our friends can enjoy the delicious mountain cuisine, share their experiences and make good friends with common concerns.

We work with fresh, local products, preparing succulent stews.

Breakfast with toast made from local bread.

Craft beers, wines from the Bierzo area, Asturian cider and orujos de Liébana.

Our menu delights the varied tastes of those who visit us.

SUPERMARKET AND SOUVENIR SHOP



Fresh produce, of basic necessities

Located in the reception building, this shop stocks food items of all kinds.

You will love handmade articles, ethnic clothing, decorative fabrics, and costume jewellery...

All kinds of items you might need for camping or on the trail.

Sports equipment rental





handmade



**THE SHOP
FOR EVERYTHING YOU NEED**

**ACCOMMODATION IN
THE MIDDLE OF
NATURE**



The cabins consist of 4 beds arranged in 2 bunk beds, a small table with chairs, a fitted sheet and blankets. As a novelty and in order to be able to open sometimes outside the summer season, we have installed heating.

The cabins are not equipped with a bathroom and kitchen.

We have a caravan with a toilet and kitchen.

CHARMING COTTAGES



Valle de Valdeón, at an altitude of 1200 m, the terraces and cabins of the campsite are scattered along the river Arenal, the main tributary of the Cares. The cabins, similar to those described in the fairy tales of the Brothers Grimm, some of them made of wood and others of brick, are scattered in solitude around the best spots of the campsite.

On the banks of the river there are two picnic areas where, with a good loaf of local bread and a piece of Valdeón cheese, an aperitif is guaranteed. From the whole campsite, and as the greatest privilege, you can see the grandiose peaks of Picos de



DISINFECTION OF INSTALLATIONS USING OZONE



**MOUNTAIN CABINS
SIMPLE AND COSY**

**BATHROOMS
AND LAUNDRY
OZONE DISINFECTION**



WE HAVE SINKS
AND WASHING
MACHINES TO
MAKE YOUR STAY
EASIER.



THE CARE OF OUR FACILITIES,
NOW MORE IMPORTANT THAN EVER

At Camping el Cares we attach great importance to the cleanliness of the toilets, so we try to keep them spotless. This way you will feel at home when you use them.

Another important detail is the good water pressure and a pleasant temperature.

We also have an ozone generator system, which disinfects and purifies the air, leaving a pleasant clean smell in the bathrooms.

**HEALTH AND SAFETY
ADAPTED TO OUR TIMES**



CHILDREN'S AREA AND PLAYGROUND

Develop ecological values through sustainable tourism.

Learn to live together, breathe fresh air, appreciate nature's stimulus...



We have a play area with swings, table tennis, darts, table football...

The limit of this area is your own imagination, as it is a campsite without parcels, children can move freely around the campsite, with total freedom and confidence.

Many of our customers are foreigners. Through play, multicultural friendships are promoted, in which languages are practised in a natural way.



TALLER DE
COCINA EN LA
NATURALEZA

Workshops, routes and games

With our games and gymkhanas, as well as having a good time in nature, we promote values such as cooperation, trust, solidarity, tolerance and responsibility among others... in a setting that awakens the senses



POTABILIZAR AGUA

The development of ecological values is vital for the well-being of the people



TALLER DE FUEGO



ecological values

We offer you the opportunity to discover some of the routes around the Cares Campsite. We will cross shady beech forests, cross rivers, see fauna and flora, and learn about the ancestral customs of the people who, defying natural selection, have been able to adapt to the harsh winters of the Picos de Europa.

**LEISURE AND NATURE
LEARN BY PLAYING**



TALLER DE SUPERVIVENCIA

Identification of fauna and flora, most common types of tracks, orientation techniques with map, compass and elements of the environment.



GINKANAS



Trails explanations

We offer an explanation of the trails that can be done in the surroundings of Picos de Europa.

Many of them start from the campsite itself, without the need to take a vehicle.



Oriental disciplines



We practice some stretches and yoga asanas, selected to avoid injuries on the mountain, as well as tone the body and mind. You will open your senses and feel the overwhelming energy of nature flowing through you.

We also organise courses and workshops

**AN IDEAL SPACE FOR
THE DEVELOPMENT OF
ACTIVITIES**



Camping el Cares has the ideal characteristics for courses, workshops, spiritual retreats, and company meetings...

A place in the heart of Picos de Europa, where activities can be carried out in full contact with nature.

An ideal place for families to enjoy learning in a unique environment.



English courses for families, with activities such as the ecological architecture workshop, using materials collected in nature, the interpretation of maps, orienteering treasure hunts, and learning about the rural environment.

Family yoga course and healthy eating, we will practice this ancient discipline, strengthening our muscles and joints. We will open the energy channels and enjoy the greatness of Mother Earth. We will learn healthy and comforting food alternatives.

Architectural course, geodesic forms, we will build fixed and resistant geometric structures.



ORGANISE YOUR GROUP ACTIVITY IN CAMPING EL CARES

Ideal for academies, gyms, or teachers who want to use our facilities for the development of their activities.

You can stay in our cabins or in tents, and we can prepare menus for groups.

We can also help you to publicise the proposed course, workshop or conference.

Ask us about availability.



**COME AND
MEET US**



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